

WE'RE BACK AND SO IS THE HOLIDAY CHEER!

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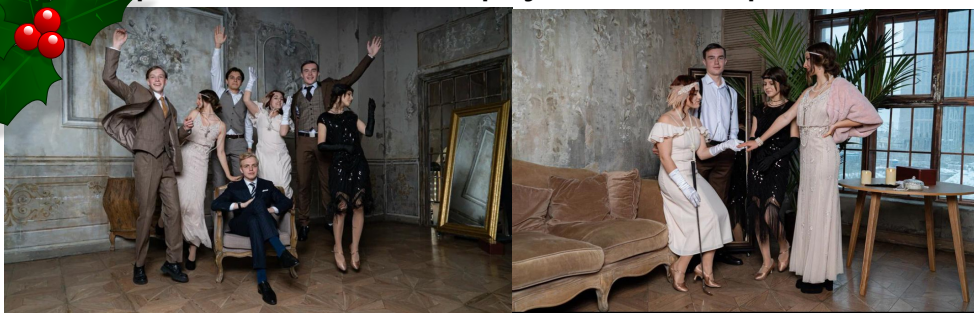


The Monthly Update - A message from your head writer



Dear students and staff, Welcome to our newest newspaper issue. It is finally December, which we are so happy to announce. Another wonderful month at MCS has passed, so let's go over all that happened in November.

- First of all, our hardworking **Grade 9 left to Uzbekistan** to write their challenging GCSE exams. But in between the daily preparations for all the exams, our students were able to fit in some fun! They visited cultural monuments, attraction centres, had disco parties, armwrestled with Uzbek people and tried the delicious food. Make sure to congratulate your friends with successfully passing all their exams when you see them back at school! SEE PAGE 12 FOR THEIR REVIEWS.
- Grade 10 is actively preparing for their **Great Gatsby show** in March. Here are some dashing shots from their photosession. The pictures are now also displayed in the hall upstairs.



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MERRY
CHRISTMAS

- Grade 8 is officially doing their first large play - **Hamlet by William Shakespeare**. With Miss Natalie as their director, we are sure that they will put on quite a show! Make sure not to miss their show on December 19!

- Something everything has been waiting for- the **ANNUAL winter charity fair** with all the money earned going to different poor families in Africa. Enjoy the tasty snacks, books and homemade items.

- It is finally **Christmastime!** Prepare to face the cruel Russian winter climate and get ready for festivities of our favourite holiday! Don't forget to smile, and read about the weather and fashion trends in December lower on this page!



Luka Lashmanov

Frosty Forecast

In December, the weather takes on a magical touch, embracing **the spirit of Christmas**. In some areas, fluffy snowflakes gracefully fall from the sky, transforming the world into a winter wonderland. The air carries a crisp and refreshing chill, encouraging people to bundle up in cozy sweaters and scarves. Streets and homes are adorned with twinkling lights, casting a warm and enchanting glow. December weather brings a sense of joy and anticipation, creating the perfect backdrop for a memorable holiday season.

highest temperatures to expect- 0\ -1 (9th, 11th, 12th, 14th, 31st)*



lowest temperatures to expect- -8\ -12 (3d, 4th, 5th of december)

Turn for
FASHION



The cold winter has reached us, but it doesn't mean we should stop being fashion icons! I know it's hard to dress warmly and stylishly at the same, so here are some suitable trends for winter 23/24.

-Fur has been a staple in the world of fashion for centuries and it continues to be a popular trend in 23/24 season. This leads us to a new wave of old trend- 'russian bimbo'- this is an aesthetic dedicated to Slavic women who love to demonstrate their status with fur coats and expensive accessories. Warm and fashionable-just what we need!



-It's no secret that ribbons have become a major trend in recent months, in large part thanks to the rise of aesthetics like balletcore, coquette-core and regency-core. Adding bows to your outfit will make it look way more cuter! MORE BOWS!!!



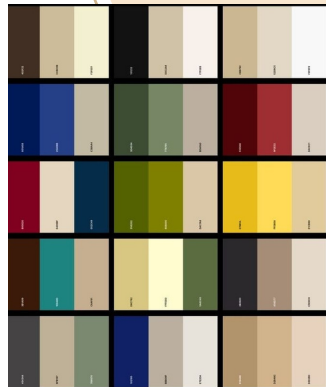
male fashion

SEVA ANTONYUK

Shapes are the key to your successful outfit. The more shape you create the more textured your outfit will look. My personal favourite combination is a thin top with a baggy bottom but if it's not your cup of tea, untextured clothing ensembles will never miss.



colours



It's getting cold, so I'd highly recommend using warm colours and neutrals in your outfits like: brown, beige, white, orange etc. These are this season's best colour combinations. Make sure to follow them!



inspo

I recommend pleated straight trousers!

Try not to use cropped pants unless you're taller than 175, they will shorten you even more and might look out of place. Moreover, your jeans and pants shouldn't wipe the floor and the ground, so it turns out that a nice crease on ur pants on top of your shoes is perfect



Similar jackets with no hood are sick. You can try different colours and shapes. I prefer cropped jackets, they highlight your legs and create a dope silhouette



tips

Just relax. The less you care about someone's opinion, the better your outfits will become. Try combining different shapes, opposing colours and textures. Don't forget about jewelry and confidence. You are the only one to show how creative you truly are!

Knitwear and fleece jackets aren't only gorgeous, but are also warm as hell- perfect for the frosty winter weather!



SCHOOL RECIPES

THE FAMOUS FRIED
PELMENI - SEVA
ANTONYUK



pro-tip – Use the Siberian collection of dumplings for best results

First, you need to choose **the largest dumplings** you can find. Step one, preheat the pan to 8-9 and pour sunflower oil (the pan should be large and flat so that all the dumplings fit). Step 2, pour out the dumplings and cook them until a crisp golden crust appears. When the crust is in place, add spices (I prefer salt, pepper, and Provencal herbs) and pour a small amount of water over the dumplings, cover the pan with a lid. Reduce the temperature to 4-5 and mix the dumplings frequently so that they do not stick. Cook until the water evaporates. At the end, you need to return the original temperature and return the crispy crust to the dumplings. It must be remembered that you need to turn the dumplings carefully, since the whole process is aimed at preserving the bulion (broth) inside the dumplings and the crispy crust outside. Enjoy the legendary dumplings and don't forget about the sauces!

THE
'MEDITERRANEAN
CAPRICE' -
MR.MATT

Recipe:

1. rip the iceberg leaves
2. cut the mozzarella 'Fior di latte' in cubes
3. dice 2 tomatoes
4. salt, add Provean spices with dried tomatoes and garlic
5. fill with olive oil and

pomegranate sauce



pro-tip – The trick is in the sauce, I buy it in Turkey at the local market and bring around 20L every summer to Moscow

Turn the page for a
fascinating book review..

a book review

BRAVE NEW WORLD MIGHT NOT TURN SO BRAVE.

Yaroslav Obedov

If you haven't read this book, close this page and go to the book shop asap. I warned you.

“Brave New World” written by Aldous Huxley is one of the most interesting samples of dystopian novels. Personally, I've never read a book where the main character is introduced in the second half of the story.

To be honest, I hated this book up until the last dozen of pages. After reading mainstream dystopian literature like Orwell's «1984», «Animal Farm» (which is also quite unique, I'll write about this novel next time), Zamyatin's «We» and other classics I was fed up with long-long descriptions of corrupted worlds with desperate people, or in our case, the consumer society (fans of Marx, chill) consisting of drug addicts, not interested in anything else except for more drugs and having sex. I almost forgot, our fictional society is divided into several castes (like in India, in the past).

The most interesting idea I found in this book was closer to the end. If you thought that it may be something global, something about our society, you may be right, but I have a different opinion. It is about our reaction towards the changes in our life. The idea is about looking at both sides of the medal. Your punishment may be the best thing to ever happen to you, if you look at it from another angle.

*“If you can meet with Triumph and Disaster
And treat those two impostors just the same.” - Rudyard Kipling*



MUSIC Section

Peter Nosal

NOVEMBERS TOP HITS:

Monaco - Bad Bunny

I Remember Everything-

Zach Bryan

Fast Car- Luke Combs

Snooze- SZA

Houdini - Dua Lipa

Lovin on me - Jack Harlow

Cruel Summer - Taylor Swift

Kill Bill - SZA

Greedy - Tate McRae

Water- Tyla

All I Want For Christmas Is You

-Mariah Carey

My Love Mine All Mine-

Mitski

November was filled with many different top artists releasing songs which have hit the top charts. Such as Dua lipa, Bad bunny and Tate McRae. It has also been a great month for rap lovers as a bunch of new albums have dropped during the month of november. Huge artists such as, Drake, Offset and, Lil tecca. As rumours speculate, Kanye West is secretly recording an album in the depths of Saudia Arabia. Snippets of songs have spread across the internet and die-hard kanye fans are really looking forward, considering his recent downfall.



True Crime

OLGAD.

On the evening of February 28, 1989, in Fukushima, Japan, a 23-year-old teacher noticed something strange when she went to the toilet. Sticking out of a hole in the floor was a shoe containing a **real human foot**. The terrified woman called for help, and one of her colleagues later called the police.

When the body was pulled out, it was so dirty that it became almost impossible to identify the person - procedures had to be carried out, after which one of the residents was able to recognize his friend. Lying in the toilet

pipe was **26-year-old Naoyuki Ogino**.

Naoyuki was found in the flat bottom of the pipe, lying on his back with his legs curled up, as if in a fetal position.

The guy's height was 170 cm with a shoulder length of 40 cm, which means that Naoyuki had to squeeze into the pipe with great difficulty, since its diameter was at least 4 centimeters smaller. The police were able to get him directly only through the complete destruction of the pipe, which shows that it was **completely impossible** for anyone else to place the body in such a strange position, which means that Naoyuki climbed in there himself.

The police version turned out to be very strange - they presented the case as an accident, supposedly the guy wanted **to spy on women in the toilet**, so he climbed into the pipe and could not get out.

One of Naoyuki's shoes was in the pipe, but the other was found at the bottom of the river quite far from where the body was found. Moreover, the position of the first one also raises questions - it was found next to the head of the body and directly under the toilet, which suggests that it is more likely that the shoe was thrown into the toilet by someone.

According to police, the cause of death was **hypothermia**. No signs of struggle or wounds were found.



“I think he was stressed and worried about the future, he had apparently had a difficult few months and his future was uncertain. He wandered down the street, cold and confused, lost his shoe, went into the bathroom and tried to climb down the pipe for a little session of “peeping on women,” after removing his other shoe to make access easier. He was truly stuck and was too embarrassed to call for help and be found in that position, so he died there.” suggested a user from Sweden.

But the truth is yet to be uncovered...



謹賀新年

UZBEKISTAN GCSE MEMORIES

-reviews of the trip from our devoted and hardworking Grade 9 students.



Jonathan M.

for me, our day consisted of studying and fun! Even though the ratio of this was 3:2, the experience was still enjoyable. We would wake up, go for breakfast, and shortly after that, take a walk to the building, where we could take the gcse, which tormented us for the past year! We would study to 1 PM, around that time we went to lunch. We would eat lunch at the same place in the span of 20 days. And then, we would walk back to the examination building and either have a class for another four hours, or take an exam, which felt like lifting a brick from my chest. After we were done with all the tormenting schoolwork, we would go back to the hotel room to get ready for the following events. Walking, chilling outside, and dinner. After dinner, we would wind down before hitting the bed. And that is a day in the life of a student who studies and Mcs, and took gcse in 2023!



Kate L.

Our trip to Uzbekistan was unrealistically cool. we spent a lot of time together, which helped us get very close. In our free time from exams, we often went for walks and enjoyed our time in the city, thanks to this, the stress from exams became less. I will remember this trip forever, thank you all!

Polina S.

Despite the fact that we went to Uzbekistan to write exams, the trip was very fun and memorable. Starting from flying on a plane with **100 thousand Uzbeks** and ending with a trip to a restaurant-club. The first day was going to be boring, but my **broken bed** made it memorable. Every day was some kind of switch. On the first day, Alex sprained his leg, then Sonya lost her passport, a trip to Samarkand where we tried to **escape from a gypsy girl**, moving from a half-broken hotel to a new one and a show where **Maxim showed all his dancing skills**. This was my first time waking up from different songs and falling asleep listening to **Vadim jumping on the top floor**, who turned his room into a gym every day. It was unusual to come back and not eat pilaf or shashlik for breakfast.

And of course, the exams. It was scary, but Mr. Denis's support helped us not to despair and believe the best in ourselves. Each of us had already learned the text that the examiner presented us with before the test.

"You are still under the examination rules!"



Alex and his foot on the first day in Uzbekistan

English Man IN RUSSIA

Alex Anisimov



Recently, while surfing Instagram* for hilarious memes, I found Mr Mike's account (I was as happy as a Frenchman who's invented a pair of self-removing trousers). As it's said: "If you don't know where you are going, any road will get you there." Absolutely the same thing happened to me that day...

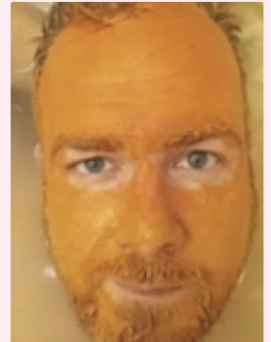
As you enter Mr Mike's profile, you delve into the borderless ocean of Mikeish wit. By looking at photos like these (1), you think: "He is a characteristic British personality. He looks solid. He says little and what he says is obscure". In this particular picture (2) it looks like Mr Mike's hair has got a life of its own. As if last week he found it in the kitchen making itself an omelette. And yeah, that unaltered English style (3), that will no doubt put all the other gentlemen to bed. I speak figuratively, of course.

Almost the only Englishmen left in the world today are Indians. Who cares about the Boat Race outside Calcutta or Bombay? Where is regimental silver polished as assiduously as in Indian Army messes? If there are any Bertie Woosters still around, they are called, we may be sure, Sen Gupta or Abdul Rahman. The morale is – Mr Mike is probably Indian.

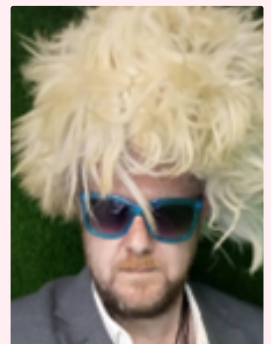
Do you have any idea what it's like being English? Being so correct all the time, being so stifled by this dread of doing the wrong thing, of saying to someone "Are you married?" and hearing "My wife left me this morning," or saying, "Do you have children?" and being told they all burned to death on Wednesday. You see, they are all terrified of embarrassment.

Don't forget that the English man's soul is like the English skies: the weather is nearly always bad, but the climate is good.

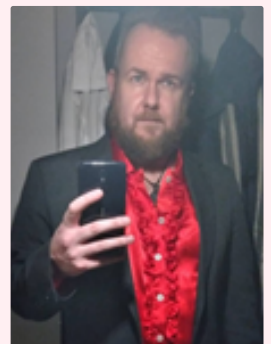
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3



4



Zodiac Signs

Nika Ezhkova

author's note-

Many people don't believe that zodiac signs are able to tell everything about you, but many immediately assume that a very confident person is a Leo or Aries and that a very shy but a smart person is a Cancer. Seeing the horoscope for your zodiac sign this month won't only be interesting, but might be very useful as well.

Sagittarius- Focus on accomplishing your goals, so that you could be more available for the targets you truly care about. Remember your strong sides and skills. Remember that mistakes are a part of progress. Be kind and remember that learning from your mistakes will help you to grow.

Capricorn- Despite the busyness of December, leave sometime for yourself. This will help you to see your strong sides and reload. Let this time be an opportunity for something new and exciting to happen.

Aquarius- Await lots of social interaction, even though you might have a feeling to be left all alone. Solve problems that concern you and leave space for new projects that await you. Use this time like an opportunity to reach your goals and establish new relationships.

Pisces- This is the time to be confident and noticeable to others. Be free to share your thoughts and ideas with others. Be ready to get inspired to find new ways to solve problems. Remember to try accomplishing your goals!

Aries- Expand your worldview using knowledge. Take this month as an opportunity to study and learn new things. Let the others know about your plans, but think carefully about each word you say.

Taurus- Your rhythm of life isn't supposed to be shared with others. Use this month as a sign to improve your personal growth. Get rid of old kinds of worldviews and restrictions. Do not let others predict your future steps for reaching your goal.

Gemini- Life is all about relationships. Even though you pay more attention to yourself, don't forget about others, because they will lead you to your targets. Share this time with your relatives and friends, with those who you think can understand and help you deal with the problems that you are struggling with.

Cancer- It's important to use your time management skills this month, because using your time wisely will help you to solve many of your current issues. Make time for important events and yourself. During this challenging month balancing your timetable will be great help.

Leo- December is going to be full of excitement and responsibility. Despite the busyness, use your time for creativity and develop artistic skills. Keep moving forward. It's hard to balance obligatory activities and creativity, but Leos have a lot of strength and energy to do that.

Virgo- In the beginning of December you will be surrounded by a peaceful atmosphere, consider that as a chance to analyze yourself. You will be able to observe changes visible changes. Remember that evolution is a part of life.

Libra- spend the month of December to share your thoughts and problems with others, because keeping everything to yourself might make the problem seem bigger. Rely on yourself to accomplish more goals. Think about the importance of the moments that make you stronger.

Scorpio- You may be experiencing some personal growth issues, but try realizing that you are presented with so many opportunities. It is important to find the exact ways to properly express yourself.

К.О.Н.С.И.

Ника Жукова

Проснулась я в холодном поту от кошмара, сначала я успокоилась и подумала, что это просто сон, но оглянувшись, я поняла, что это реальность...

Подвал был пуст, на бетоне, голом полу валялись крошки от чипс, но Ивана как след простыл.

Я поднялась по лестнице, дверь была открыта, я выглянула в коридор, весь коридор был в крови, я пошла по следам.

Следы оборвались перед дверью туалет, туалет был закрыт на замок, я постучалась. Оттуда послышался тихий стон «на помощь», я начала выламывать дверь, появилась дырка в двери, я просунула руку и отперла замок изнутри, дверь в туалет была открыта, передо мной было страшное зрелище.

Ванечки младший лежал на полу, вокруг него было красное пятно, у него в голове был осколок стекла. Я вскрикнула, а потом шепотом спросила:

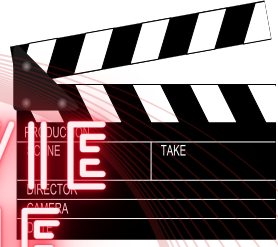
-Иван, с Вами все в порядке?- в ответ Ванечки только двинул головой. За этим последовала пауза минут в пять, а затем я услышав слова вернулась в реальность:

-Я решил выйти прогуляться по школе... потому я решил..., что все успокоилась, но тут я услышал шум и не успев пригнуться я почувствовал острую боль, осколок влетел мне... в... гол...- мужчина отключился, я решила, что надо быстро перенести его в подвал...



Ho ho ho!

MOVIE TIME



Matthew Ivanov



Tom Hanks est Forrest Gump



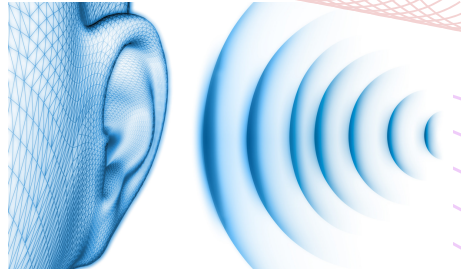
Winter is coming, take a cozy blanket and turn on the TV. Let's watch a movie and get in the mood for the upcoming Christmas. And off course our fabulous newspaper will provide you with a list of amazing movies so you will spend the whole December thinking about Christmas.

Of course we could recommend something like the famous and over-popular "Home Alone" or "Grinch" but that would be too obvious and not that unique. So here we go:

1. Klaus- an extremely beautiful fairy tale full of joy and wisdom about friendship and love and how important it is.
2. Die Hard - and "YES" it is a Christmas movie, most of you know it as an old fashioned blockbuster, but it is also a great movie to watch on Christmas Eve.
3. To get vivid flashbacks of your childhood, try watching a movie called "Arthur Christmas", which most of us watched. It's not very popular, but it still is a great movie to watch and enjoy with family and friends.
4. And, last but not least, is "Forrest Gump". Although there's only one scene that takes place on New Year's, it's never a bad idea to start off 2023 with this heartwarming tale. Plus, it doesn't hurt to be reminded of the lesson that "life is like a box of chocolates" for when you're just about to begin a new year!

All the sounds we are trained not to hear

Mister M.

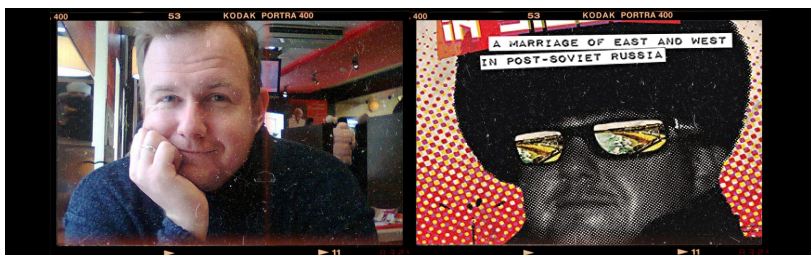


If you've ever read The Giver by Lois Lowry, you'll remember that colour plays a significant part in the story. Jonas begins to see the colour red. It isn't that the colour red is absent from life, in fact, his friend Fiona has red hair, and people eat red apples in his town, it's that everyone has been conditioned not to see colours. Any colours. Everything therefore is hueless. It's not that the characters are physically unable to see what's in front of them, it's that they've been programmed not to. Words have power. Of course, this cautionary tale is just to introduce the theme that language is power, to the youth of today. If we look at parliaments and institutions of power around the world, we could make a whole dictionary out of forbidden words. For instance, the word corrupt doesn't exist in Indian parliament. Neither does the word betrayed. You can't say you have been betrayed by a corrupt politician. Rather, you might say, a financial irregularity had inadvertently occurred. That's neater. There's no one to blame.

The same thing has 'occurred' or is occurring all over the world this very moment. Governments would have you believe there is no poverty, no war, no suffering. If we can't name these things, they exist less, and in time, they disappear altogether. I have recently discovered the same phenomenon exists with sounds. A full-size piano has 88 keys. Every chromatic scale has 12 notes. C C# D D# E F F# G G# A A# B. But what if I told you there were notes between those notes? Notes you can hear, are able to hear, but don't hear because you've been conditioned not to.

A clarinet has 17 keys that look a little like a Chinese puzzle of metal buttons and sticks. Each one has multiple functions. Therefore, it's quite easy to press the wrong one. That's why, while playing a regular B-flat one day, and accidentally pressing the F key at the same time, I discovered B flat minus. Think of it as B flat flat. I then learned that for every note, there's also a minus note. Including every sharp and flat.

The space between north and east is north east. Between north and north east is north north east. Etc. Just as there are compass points between compass points, there are notes between the notes we know. Then why don't we learn the notes between? And why doesn't a piano have these notes? There are multiple explanations: when an octave is divided into 12 intervals of equal size, music is more harmonious, or, is more pleasing to the ear, according to some. If you Google this subject, you are faced with a bunch of mathematical calculations and symbols. That's because musical notes were formulated and categorized by mathematicians. To me, that's the same as roadworkers selecting which books should go in the library, or politicians selecting which words to keep, and which to ban. Slide your finger along a violin string. Tell me all the notes you hear. You can't. Some of them don't have names. But can you, or anyone tell me that any of those notes were worth less than others?



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